

# Women's Fall Retreat 2018

## Registration Form

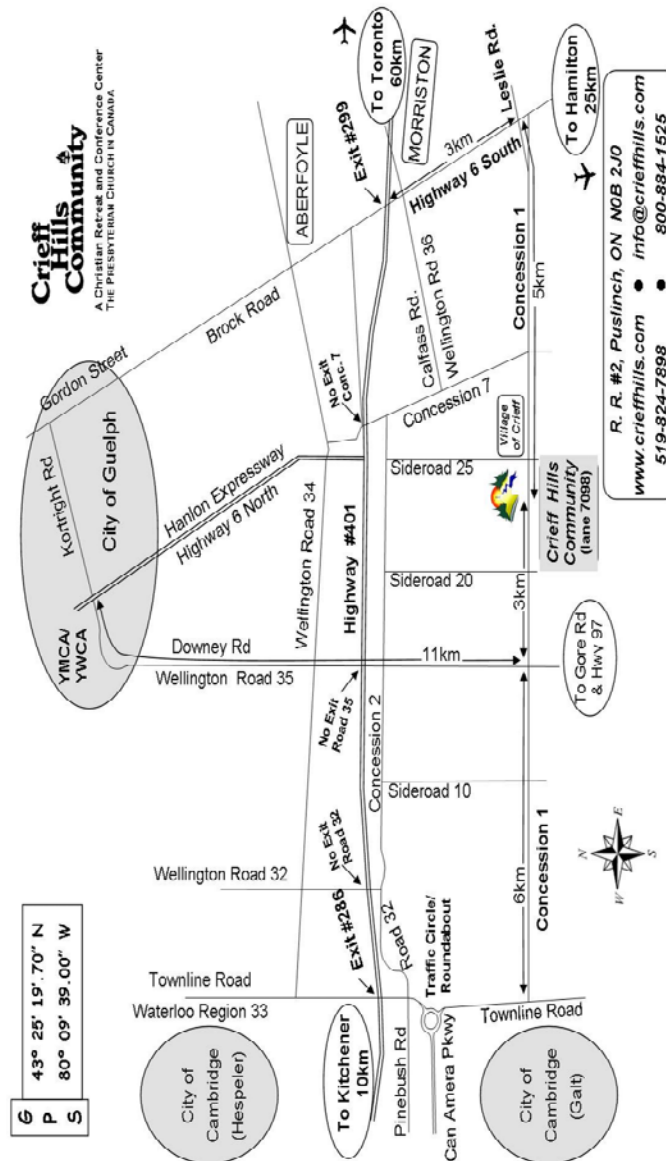
Last Name	
First Name	
Home Phone	
Street	
City / Town	
Postal Code	
Email	
Home Church	
<b>Meals:</b> Do you have any dietary requirements (i.e. food allergies) we should know about?	
<b>Accommodation:</b> Do you have a physical handicap / special need for which you will require ground floor accommodation?	
<b>Special Request for Single Room</b> (If available, note that an additional fee will apply) - please indicate here:	

**Please Register by October 31<sup>st</sup>**

Please mail or fax to - Crieff Hills Conference and Retreat Centre  
 7098 Concession 1  
 Puslinch ON N0B 2J0  
 FAX: (519) 824-7145  
 TELEPHONE: 519-824-7898 (1 800-884 -1525)

- Registration Form & Dietary Restrictions
- \$50.00 deposit (non-refundable)

## Directions to Crieff Hills Community



This map is also available on our web site.

[www.crieffhills.com](http://www.crieffhills.com)

# “Freedom From... Freedom For”



## Women's Fall Retreat November 9<sup>th</sup> - 11<sup>th</sup> 2018

Speaker: Rev. Dr. Karen Horst

### Crieff Hills Conference and Retreat Centre

1-800-884-1525

# “Freedom From... Freedom For”

Life can bring many external challenges that we cannot change but we can address the internal messages that we inflict on ourselves.

As we get closer to the Advent Season, we will explore how we can take intentional steps toward wholeness in order that we can truly know hope, peace, joy and love in and through Jesus Christ.

**Freedom from anxiety....**

**Freedom for Hope**

**Freedom from perfection...**

**Freedom for Peace**

**Freedom from discouragement...**

**Freedom for Joy**

**Freedom from judgement...**

**Freedom for Love**



## Meet our Speaker—Rev. Dr. Karen Horst

The Rev. Dr. Karen Horst: (Dip. C.E.; B.A.; M.R.E.; M. Div. & D.D.) began her ministry in The Presbyterian Church in Canada as a Regional Educational Consultant resourcing congregations and developing leaders. She then represented her denomination in church school curriculum design and writing. Karen has written many study- guides and courses. Most recently she has completed a series of online courses for several denominations cooperating together. As a minister of Word and Sacraments, she has served a midsize and large congregation and also worked as an Interim Minister. Karen served as the Moderator of The Presbyterian Church in Canada in 2015/2016. Presently, she is minister of St. Andrew's Presbyterian Church, Orillia. Her great passion is international aid and development and she has traveled extensively in this capacity. Her other passion is assisting congregations in strategic planning and conflict resolution. Karen takes great delight in her grandchildren and plenty of hobbies such as the family motorcycle. Karen often quips that "she will try anything once as long as it is moral and legal."

## Leading in Song - Katherine Rochester

Katherine Rochester is the Director of Music at Knox's Galt Presbyterian Church in Cambridge. She also teaches piano and works as an accompanist for singers, choirs and instrumentalists. She and her husband Dave live in Cambridge and have 3 sons and one granddaughter.

She loves to spend her free time reading interesting books, hiking, and dreaming about travelling.

**Be sure to bring:** Appropriate clothing & footwear for walking, Alarm clock, Flashlight, Bible, Personal items & Medications, Late night snacks & Games.

## Weekend Timing

*Weekend Begins:* Registration will begin at 5:00 pm Friday evening in the Conference Hall (laneway 7098).  
\* Friday dinner in Maclean Hall will be at 6:00 pm.

*Our Days:* Begin with breakfast at 8:00 am, Lunch at 12:30 pm, and Saturday Dinner is at 5:30 pm .

*Daily Activities:* A blend of sessions, worship, fellowship and relaxation fill the days while at Crieff Hills.

**Cost:** Includes Accommodation, Meals, Program and Taxes

\$245.00 / person (double accommodation)

\$305.00 / person\* (single accommodation)

*\* Note there is limited single accommodation available*

**Commuter Rate:** Includes Meals, Program & Taxes  
\$180.00 / person for weekend

## Accommodation:

Accommodation is in our hotel style lodges. Each room is complete with two beds and a private 3 piece bath.

**Linen is supplied.** (sheets, pillow, pillow case, blankets, bath towel and face cloth).

## Meals:

Meals will be served in Maclean Hall which is a short walk from our accommodation. Meals are served family style.

Our chefs strive for excellence in the meals served at Crieff. **If you have special diet needs, we ask you to call the office at least 10 days before the retreat so the chefs can prepare for your dietary requirements.**

The Crieff Hills office phone number is 1-800-884-1525.